



## Typical Warrior Leader Course Training Schedule \*

TIME	UNIFORM	ACTIVITY
0530 – 0600	PFU	FIRST CALL / PERSONAL HYGIENE
0600 – 0700	PFU	PHYSICAL READINESS TRAINING
0700 – 0830	ACU	BREAKFAST
0830 – 1130	ACU	CLASSROOM / TRAINING / INSPECTIONS
1200 – 1300	ACU	LUNCH
1300 – 1700	ACU	CLASSROOM / TRAINING
1700 – 1800	ACU	DINNER
1800 - UTC	ACU	CLASSROOM / TRAINING

\* This is an example of a typical training day for the Warrior Leader Course. Training events, such as the STX, dictate variations from the typical training schedule.

**TRAIN TO LEAD**